



FRED JOHNSON

TACKLE | 74



Height: 6-7 Weight: 326 DOB: June 5, 1997 (Age 28)
 NFL Experience: 8th Year (4th with Eagles) Draft: UDFA-19 by PIT Acquired: T-Jax-25
 College: Florida Hometown (HS): Royal Palm Beach, FL (Royal Palm Beach)

SUPER BOWL CHAMPION: 2024 (LIX)

CAREER STATISTICS

Year	Team	GP/S	STARTS			OFF SNAPS	
			LT	RG	RT	No	Pct
2019	Cincinnati	6/1	1	0	0	146	13%
2020	Cincinnati	12/6	3	2	1	491	46%
2021	Cincinnati	5/1	0	0	1	90	8%
2022	Tampa Bay	5/0	0	0	0	2	1%
2023	Philadelphia	17/0	0	0	0	35	3%
2024	Philadelphia	17/6	5	0	1	481	42%
2025	Philadelphia	16/8	1	0	6	626	59%
Totals		78/22	10	2	9	---	---

PLAYOFFS

Year	Team	GP/S	LT	RG	RT	No	Pct
2023	Philadelphia	1/0	0	0	0	2	3%
2024	Philadelphia	4/0	0	0	0	17	6%
2025	Philadelphia	1/1	0	0	1	72	99%
Totals		6/1	0	0	1	---	---

ADDITIONAL STATISTICS

Fumble Recoveries: 1 - 2024 (1)



First job: Worked at an insurance claim call center ... **Bucket list:** Travel to all seven wonders of the world and visit each continent ... **Jersey number significance:** "74 is a number I want to keep throughout my career. It means a lot." ... His grandfather passed at age 74, while Fred wore No. 74 at the time ... **Favorite TV show:** Friends

BIRDSEED

- ▶ Represented Eagles Autism Foundation through the NFL's *My Cause My Cleats* initiative ... The foundation helps support impactful autism research and care to improve the lives of affected individuals and families while aiming to drive scientific breakthroughs
- ▶ During his time in college at Florida, mentored youth in juvenile detention centers through the VERB Kind program ... VERB Kind encourages individuals to give at-risk youth a second chance through mentoring, education and connecting them with community resources
- ▶ Named to the 2018 SEC Football Community Service Team in recognition of the hours he dedicated to community service with 17 different organizations ... Also received a spot on the 2018 Wuerffel Trophy Watch List in honor of his work in the community

CAREER HIGHLIGHTS

- ▶ A member of the Eagles' 2024 roster that won **Super Bowl LIX**
- ▶ Contributed to the Eagles' practice squad during the 2022 campaign, when Philadelphia appeared in Super Bowl LVII ... Also a part of the Bengals' 2021 roster that advanced to Super Bowl LVI
- ▶ Has appeared in 52 games (11 starts at LT, RG and RT) through six NFL seasons with Cincinnati, Tampa Bay and Philadelphia
- ▶ Entered the NFL as a UDFA with Pittsburgh in 2019

2025 SEASON - EAGLES

- ▶ Played 16 games (six starts) at RT for Philadelphia, contributing to an offensive line that helped **Saquon Barkley** amass over 1,000 rushing yards for the second consecutive season

COLLEGE HIGHLIGHTS

- ▶ Played in 44 career contests and made 31 starts across four seasons at Florida ... During his career, started games at RG and RT

TRANSACTIONS

- ▶ **2019** - Signed by PIT as UDFA ... **10/11/19** - Waived by PIT ... **10/14/19** - Claimed off waivers by CIN ... **11/6/20** - Placed on Reserve/COVID-19 ... **11/20/20** - Activated from Reserve/COVID-19 ... **3/22/22** - Signed by CIN to reserve/future contract ... **3/23/22** - Waived by CIN ... **4/4/22** - Signed by TB to reserve/future contract ... **11/1/22** - Waived by TB ... **11/8/22** - Signed by PHI to practice squad ... **2/16/23** - Signed by PHI to reserve/future contract ... **8/24/23** - Signed by PHI to 2-year contract ... **3/19/25** - Signed by JAX to 1-year contract ... **8/24/25** - Acquired by PHI in exchange for a 2026 7th-round pick