

MATT PRYOR

GUARD/TACKLE | 79



Height: 6-7 Weight: 332 DOB: Dec. 16, 1994 (Age 30)

NFL Experience: 8th Year (3rd with Eagles) Draft: D6-18 (206th overall) by PHI Acquired: FA-Chi-25

College: TCU Hometown (HS): Lakewood, CA (Lakewood)

CAREER STATISTICS								
			STARTS				OFF SNAPS	
Year	Team	GP/S	LT	LG	RG	RT	No	Pct
2019	Philadelphia	12/0	0	0	0	0	79	7%
2020	Philadelphia	15/10	1	0	6	3	775	69%
2021	Indianapolis	17/5	1	0	1	3	440	40%
2022	Indianapolis	16/9	4	0	4	1	577	50%
2023	San Francisco	15/0	0	0	0	0	42	4%
2024	Chicago	17/15	0	0	14	1	1,006	89%
2025	Philadelphia	1/0	0	0	0	0	0	0%
Totals		92/39	6	0	25	8		
PLAYOFFS								
2019	Philadelphia	1/1	0	0	1	0	69	100%
Totals		1/1	0	0	1	0		



BIRDSEED

- Played organized football for the first time when he was a freshman at Lakewood (CA) High School ... Only received one offer out of high school to TCU, where he blossomed into an all-conference player
- Represented Kicking the Stigma during the NFL's My Cause My Cleats initiative while in Indianapolis ... Kicking the Stigma aims to encourage and support men's mental health

CAREER HIGHLIGHTS

► An eight-year veteran with stints across Philadelphia (2019-20), Indianapolis (2021-22), San Francisco (2023) and Chicago (2024) ... Has played in 92 games (39 starts), spending time at LT, RG and RT

2025 SEASON - EAGLES

2024 SEASON - BEARS

Saw action in 17 games (15 starts), playing in a career-high 1,006 offensive snaps for an offensive line that helped Caleb Williams throw for 3,541 yards, establishing a Bears rookie single-season passing record

COLLEGE HIGHLIGHTS

▶ Played collegiately at TCU (2014-17), appearing in 47 games (32 starts), making starts at RG and RT during his career ... In 2017, earned Big 12 coaches and Associated Press second-team All-Big 12 honors en route to helping the Horned Frogs finish with a 11-3 record ... Was also selected to play in the NFLPA Collegiate Bowl

TRANSACTIONS

▶ 2018 - Drafted by PHI in 6th round (206th overall) ... 10/16/20 - Placed on Reserve/COVID-19 ... 10/21/20 - Activated from Reserve/COVID-19 ... 10/21/20 - Placed on Reserve/Commissioner Exempt List ... 10/22/21 - Activated Reserve/Commissioner Exempt List ... 8/31/21 - Traded to IND with a 2022 7th-round pick from PHI for a 2022 6th-round pick ... 3/16/22 - Re-signed by IND to 1-year extension ... 3/27/23 - Signed by SF to 1-year contract ... 12/25/23 - Released by SF ... 12/27/23 - Signed by SF ... 3/13/24 - Signed by CHI to 1-year contract ... 4/2/25 - Signed by PHI to 1-year contract

First job: Bouncer at Varsity Bar near TCU's campus ... Surprisingly good at: Proficient at graphic design and using technology ... Prized posession: His family ... Favorite TV shows: Breaking Bad, Sons of Anarchy and Blacklist ... Best player he has faced: Colts DE DeForest Buckner ... First jersey: Magic Johnson, Los Angeles Lakers ... Three favorite throwback jerseys: Michael Jordan, Chicago Bulls; Allen Iverson, Philadelphia 76ers; Kobe Bryant, Los Angeles Lakers