



MATT PRYOR

GUARD/TACKLE | 79

Height: 6-7 Weight: 332 DOB: Dec. 16, 1994 (Age 31)

NFL Experience: 8th Year (3rd with Eagles) Draft: D6-18 (206th overall) by PHI Acquired: FA-Chi-25

College: TCU Hometown (HS): Lakewood, CA (Lakewood)



CAREER STATISTICS

Year	Team	GP/S	STARTS			OFF SNAPS		
			LT	LG	RG	RT	No	Pct
2019	Philadelphia	12/0	0	0	0	0	79	7%
2020	Philadelphia	15/10	1	0	6	3	775	69%
2021	Indianapolis	17/5	1	0	1	3	440	40%
2022	Indianapolis	16/9	4	0	4	1	577	50%
2023	San Francisco	15/0	0	0	0	0	42	4%
2024	Chicago	17/15	0	0	14	1	1,006	89%
2025	Philadelphia	17/1	0	0	0	1	122	12%
Totals		109/40	6	0	25	9	---	---
PLAYOFFS								
2019	Philadelphia	1/1	0	0	1	0	69	100%
2025	Philadelphia	0/0	0	0	0	0	0	0%
Totals		1/1	0	0	1	0	---	---



BIRDSEED

- ▶ Played organized football for the first time when he was a freshman at Lakewood (CA) High School ... Only received one offer out of high school to TCU, where he blossomed into an all-conference player
- ▶ Represented Kicking the Stigma during the NFL's *My Cause My Cleats* initiative while in Indianapolis ... Kicking the Stigma aims to encourage and support men's mental health

CAREER HIGHLIGHTS

- ▶ An eight-year veteran with stints across Philadelphia (2019-20), Indianapolis (2021-22), San Francisco (2023) and Chicago (2024) ... Has played in 92 games (39 starts), spending time at LT, RG and RT

2025 SEASON - EAGLES

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2024 SEASON - BEARS

- ▶ Saw action in 17 games (15 starts), playing in a career-high 1,006 offensive snaps for an offensive line that helped **Caleb Williams** throw for 3,541 yards, establishing a Bears rookie single-season passing record

COLLEGE HIGHLIGHTS

- ▶ Played collegiately at TCU (2014-17), appearing in 47 games (32 starts), making starts at RG and RT during his career ... In 2017, earned Big 12 coaches and *Associated Press* second-team All-Big 12 honors en route to helping the Horned Frogs finish with a 11-3 record ... Was also selected to play in the NFLPA Collegiate Bowl

TRANSACTIONS

- ▶ **2018** - Drafted by PHI in 6th round (206th overall) ... **10/16/20** - Placed on Reserve/COVID-19 ... **10/21/20** - Activated from Reserve/COVID-19 ... **10/21/20** - Placed on Reserve/Commissioner Exempt List ... **10/22/21** - Activated Reserve/Commissioner Exempt List ... **8/31/21** - Traded to IND with a 2022 7th-round pick from PHI for a 2022 6th-round pick ... **3/16/22** - Re-signed by IND to 1-year extension ... **3/27/23** - Signed by SF to 1-year contract ... **12/25/23** - Released by SF ... **12/27/23** - Signed by SF ... **3/13/24** - Signed by CHI to 1-year contract ... **4/2/25** - Signed by PHI to 1-year contract

First job: Bouncer at Varsity Bar near TCU's campus ... **Surprisingly good at:** Proficient at graphic design and using technology ... **Prized possession:** His family ... **Favorite TV shows:** *Breaking Bad*, *Sons of Anarchy* and *Blacklist* ... **Best player he has faced:** Colts DE DeForest Buckner ... **First jersey:** Magic Johnson, Los Angeles Lakers ... **Three favorite throwback jerseys:** Michael Jordan, Chicago Bulls; Allen Iverson, Philadelphia 76ers; Kobe Bryant, Los Angeles Lakers