



MATT PRYOR
GUARD/TACKLE | 79



Height: 6-7 Weight: 332 DOB: Dec. 16, 1994 (Age 31)
NFL Experience: 8th Year (3rd with Eagles) Draft: D6-18 (206th overall) by PHI Acquired: FA-Chi-25
College: TCU Hometown (HS): Lakewood, CA (Lakewood)

| CAREER STATISTICS | | | | | | | | |
|-------------------|---------------|--------|--------|----|----|----|-----------|------|
| | | | STARTS | | | | OFF SNAPS | |
| Year | Team | GP/S | LT | LG | RG | RT | No | Pct |
| 2019 | Philadelphia | 12/0 | 0 | 0 | 0 | 0 | 79 | 7% |
| 2020 | Philadelphia | 15/10 | 1 | 0 | 6 | 3 | 775 | 69% |
| 2021 | Indianapolis | 17/5 | 1 | 0 | 1 | 3 | 440 | 40% |
| 2022 | Indianapolis | 16/9 | 4 | 0 | 4 | 1 | 577 | 50% |
| 2023 | San Francisco | 15/0 | 0 | 0 | 0 | 0 | 42 | 4% |
| 2024 | Chicago | 17/15 | 0 | 0 | 14 | 1 | 1,006 | 89% |
| 2025 | Philadelphia | 17/1 | 0 | 0 | 0 | 1 | 122 | 12% |
| Totals | | 109/40 | 6 | 0 | 25 | 9 | --- | --- |
| PLAYOFFS | | | | | | | | |
| 2019 | Philadelphia | 1/1 | 0 | 0 | 1 | 0 | 69 | 100% |
| 2025 | Philadelphia | 0/0 | 0 | 0 | 0 | 0 | 0 | 0% |
| Totals | | 1/1 | 0 | 0 | 1 | 0 | --- | --- |



BIRDSEED

- ▶ Played organized football for the first time when he was a freshman at Lakewood (CA) High School ... Only received one offer out of high school to TCU, where he blossomed into an all-conference player
- ▶ Represented Kicking the Stigma during the NFL's *My Cause My Cleats* initiative while in Indianapolis ... Kicking the Stigma aims to encourage and support men's mental health

CAREER HIGHLIGHTS

- ▶ An eight-year veteran with stints across Philadelphia (2019-20), Indianapolis (2021-22), San Francisco (2023) and Chicago (2024) ... Has played in 92 games (39 starts), spending time at LT, RG and RT

2025 SEASON - EAGLES

- ▶

2024 SEASON - BEARS

- ▶ Saw action in 17 games (15 starts), playing in a career-high 1,006 offensive snaps for an offensive line that helped **Caleb Williams** throw for 3,541 yards, establishing a Bears rookie single-season passing record

COLLEGE HIGHLIGHTS

- ▶ Played collegiately at TCU (2014-17), appearing in 47 games (32 starts), making starts at RG and RT during his career ... In 2017, earned Big 12 coaches and *Associated Press* second-team All-Big 12 honors en route to helping the Horned Frogs finish with a 11-3 record ... Was also selected to play in the NFLPA Collegiate Bowl

TRANSACTIONS

- ▶ **2018** - Drafted by PHI in 6th round (206th overall) ... **10/16/20** - Placed on Reserve/COVID-19 ... **10/21/20** - Activated from Reserve/COVID-19 ... **10/21/20** - Placed on Reserve/Commissioner Exempt List ... **10/22/21** - Activated Reserve/Commissioner Exempt List ... **8/31/21** - Traded to IND with a 2022 7th-round pick from PHI for a 2022 6th-round pick ... **3/16/22** - Re-signed by IND to 1-year extension ... **3/27/23** - Signed by SF to 1-year contract ... **12/25/23** - Released by SF ... **12/27/23** - Signed by SF ... **3/13/24** - Signed by CHI to 1-year contract ... **4/2/25** - Signed by PHI to 1-year contract

First job: Bouncer at Varsity Bar near TCU's campus ... Surprisingly good at: Proficient at graphic design and using technology ... Prized possession: His family ... Favorite TV shows: *Breaking Bad*, *Sons of Anarchy* and *Blacklist* ... Best player he has faced: Colts DE DeForest Buckner ... First jersey: Magic Johnson, Los Angeles Lakers ... Three favorite throwback jerseys: Michael Jordan, Chicago Bulls; Allen Iverson, Philadelphia 76ers; Kobe Bryant, Los Angeles Lakers