


# JOSHUA UCHE

## OUTSIDE LINEBACKER | 0

(pronounced OO-shay)

Height: 6-1 Weight: 240 DOB: Sep. 18, 1998 (Age 26)  
NFL Experience: 6th Year (1st with Eagles) Draft: D2b-20 (60th overall) by NE Acquired: FA-KC-25  
College: Michigan Hometown (HS): Miami, FL (Christopher Columbus)



| CAREER STATISTICS |              |      |         |      |      |     |           |     |     |               |     |    |    |    |         |    |           |     |
|-------------------|--------------|------|---------|------|------|-----|-----------|-----|-----|---------------|-----|----|----|----|---------|----|-----------|-----|
|                   |              |      | TACKLES |      |      |     | PASS RUSH |     |     | INTERCEPTIONS |     |    |    |    | FUMBLES |    | DEF SNAPS |     |
| Year              | Team         | GP/S | Total   | Solo | Asst | TFL | Sacks     | QBH | QBP | Int           | Yds | Lg | TD | PD | FF      | FR | No        | Pct |
| 2020              | New England  | 9/1  | 9       | 7    | 2    | 2   | 1.0       | 7   | 8   | 0             | 0   | -- | 0  | 0  | 0       | 0  | 178       | 18% |
| 2021              | New England  | 12/0 | 12      | 10   | 2    | 2   | 3.0       | 4   | 16  | 0             | 0   | -- | 0  | 0  | 0       | 1  | 236       | 22% |
| 2022              | New England  | 15/0 | 27      | 23   | 4    | 4   | 11.5      | 14  | 34  | 0             | 0   | -- | 0  | 0  | 2       | 0  | 374       | 33% |
| 2023              | New England  | 15/0 | 15      | 8    | 7    | 7   | 3.0       | 6   | 32  | 0             | 0   | -- | 0  | 0  | 0       | 0  | 331       | 29% |
| 2024              | New England  | 7/1  | 13      | 10   | 3    | 3   | 2.0       | 3   | 12  | 0             | 0   | -- | 0  | 0  | 0       | 0  | 162       | 14% |
|                   | Kansas City  | 6/0  | 10      | 7    | 3    | 3   | 0.0       | 0   | 2   | 0             | 0   | -- | 0  | 0  | 0       | 0  | 87        | 8%  |
|                   | Totals       | 13/1 | 23      | 17   | 6    | 6   | 2.0       | 3   | 14  | 0             | 0   | -- | 0  | 0  | 0       | 0  | ---       | --- |
| 2025              | Philadelphia | 1/0  | 0       | 0    | 0    | 0.0 | 0.0       | 0   | 3   | 0             | 0   | -- | 0  | 0  | 0       | 0  | 19        | 31% |
| Totals            |              | 65/4 | 86      | 65   | 21   | 19  | 20.5      | 34  | 107 | 0             | 0   | -- | 0  | 0  | 2       | 1  | ---       | --- |

| PLAYOFFS |             |     |   |   |   |   |     |   |   |   |   |    |   |   |   |   |     |     |
|----------|-------------|-----|---|---|---|---|-----|---|---|---|---|----|---|---|---|---|-----|-----|
| 2021     | New England | 1/0 | 0 | 0 | 0 | 0 | 0.0 | 0 | 0 | 0 | 0 | -- | 0 | 0 | 0 | 0 | 0   | 0%  |
| 2024     | Kansas City | 0/0 | 0 | 0 | 0 | 0 | 0.0 | 0 | 0 | 0 | 0 | -- | 0 | 0 | 0 | 0 | 0   | 0%  |
| Totals   |             | 1/0 | 0 | 0 | 0 | 0 | 0.0 | 0 | 0 | 0 | 0 | -- | 0 | 0 | 0 | 0 | --- | --- |

| CAREER HIGHS |     |                            |
|--------------|-----|----------------------------|
| Tackles      | 8   | 1/5/25 at Den.             |
| Sacks        | 3.0 | 2x, last: 12/12/22 at Ari. |
| INTs         | --  | ---                        |
| PDs          | --  | ---                        |
| FFs          | 1   | 2x, last: 12/18/22 at LV   |
| FRs          | 1   | 10/24/21 vs. NYJ           |



### BIRDSEED

- Created the Josh Uche Foundation, which provides and empowers at-risk youth through initiatives such as educational advancement, resource programming and mental health ... In July 2022, held his first football camp in the greater Boston area for boys and girls ages 9-12, focusing on building team work and developing skills
- Has been passionate about expanding and growing opportunities for youth and African athletes ... In February 2025, served as a panelist at the 27th HBS Africa Business Conference held at Harvard University, which is the largest student-run African conference in the world
- Mental health has always been significant in Uche’s life through his experiences and others’ ... Spoke alongside **Mac Jones** in 2023 to over 400 high school students about the importance of mental health at the inaugural Kyle Cares Conference

### CAREER HIGHLIGHTS

- Spent first five seasons with New England (2020-24) and Kansas City (2024), seeing action in 64 contests and recording 86 tackles (65 solo), 104 QB pressures, 20.5 sacks, 19 TFLs, 2 FFs and 1 FR

### 2025 SEASON - EAGLES

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### 2024 SEASON - PATRIOTS & CHIEFS

- Began the season with New England, seeing action in seven contests (one start), recording 3 TFLs and 2.0 sacks ... After being traded mid-season, played the remainder of the season with Kansas City when they made a Super Bowl LIX appearance



| 2025 GAME-BY-GAME STATISTICS (PHI) |        |   |      |     |      |     |     |    |    |    |      |     |
|------------------------------------|--------|---|------|-----|------|-----|-----|----|----|----|------|-----|
| Date                               | Opp    |   | GP/S | Tot | Solo | Sk  | Int | PD | FF | FR | Snap | Pct |
| Sep 4                              | Dal    | W | 1/0  | 0   | 0    | 0.0 | 0   | 0  | 0  | 0  | 19   | 31% |
| Sep 14                             | at KC  |   |      |     |      |     |     |    |    |    |      |     |
| Sep 21                             | LAR    |   |      |     |      |     |     |    |    |    |      |     |
| Sep 28                             | at TB  |   |      |     |      |     |     |    |    |    |      |     |
| Oct 5                              | Den    |   |      |     |      |     |     |    |    |    |      |     |
| Oct 9                              | at NYG |   |      |     |      |     |     |    |    |    |      |     |
| Oct 19                             | at Min |   |      |     |      |     |     |    |    |    |      |     |
| Oct 26                             | NYG    |   |      |     |      |     |     |    |    |    |      |     |
| Nov 10                             | at GB  |   |      |     |      |     |     |    |    |    |      |     |
| Nov 16                             | Det    |   |      |     |      |     |     |    |    |    |      |     |
| Nov 23                             | at Dal |   |      |     |      |     |     |    |    |    |      |     |
| Nov 28                             | Chi    |   |      |     |      |     |     |    |    |    |      |     |
| Dec 8                              | at LAC |   |      |     |      |     |     |    |    |    |      |     |
| Dec 14                             | LV     |   |      |     |      |     |     |    |    |    |      |     |
| Dec 20                             | at Was |   |      |     |      |     |     |    |    |    |      |     |
| Dec 28                             | at Buf |   |      |     |      |     |     |    |    |    |      |     |
| TBD                                | Was    |   |      |     |      |     |     |    |    |    |      |     |
| Totals                             |        |   | 1/0  | 0   | 0    | 0.0 | 0   | 0  | 0  | 0  | 19   | 31% |



COLLEGE HIGHLIGHTS

- ▶ Played collegiately at Michigan (2016-19), appearing in 39 games (nine starts) with 56 tackles (39 solo), 20.5 TFLs, 16.5 sacks, 4 FFs and 1 FR ... Earned All-Big Ten honors in 2018-19 with the Wolverines
- ▶ As a senior in 2019, earned Michigan’s defensive MVP honors after leading the team in TFLs (11.5) and sacks (8.5) ... Recorded 5 TFLs and 3.0 sacks in the win at Illinois (10/12/19)

TRANSACTIONS

- ▶ **2020** - Drafted by NE in 2nd round (60th overall) ... **9/26/20** - Placed on Reserve/Injured (foot) ... **10/31/20** - Activated from Reserve/Injured (foot) ... **12/31/20** - Placed on Reserve/Injured (foot) ... **11/17/21** ... Placed on Reserve/Injured (ankle) ... **12/28/21** - Placed on Reserve/COVID-19 ... **1/1/22** - Activated from Reserve/COVID-19 ... **3/12/24** - Re-signed by NE to 1-year contract ... **10/28/24** - Traded by NE to KC for 2026 6th-round pick ... **3/13/25** - Signed by PHI to 1-year contract