

JALEN CARTER

DEFENSIVE TACKLE | 98

Height: 6-3 **Weight:** 314 **DOB:** April 4, 2001 (Age 24)
NFL Experience: 3rd Year *(3rd with Eagles)* **Draft:** D1a-23 (9th overall) by PHI
College: Georgia **Hometown (HS):** Apopka, FL (Apopka)

SUPER BOWL CHAMPION: 2024 (LIX) ALL-PRO: 2024 PRO BOWL: 2024 ALL-ROOKIE: 2023

CAREER STATISTICS

			TACKLES				PASS RUSH			INTERCEPTIONS					FUMBLES		DEF SNAPS	
Year	Team	GP/S	Total	Solo	Asst	TFL	Sacks	QBH	QBP	Int	Yds	Lg	TD	PD	FF	FR	No	Pct
2023	Philadelphia	16/1	33	20	13	8	6.0	9	47	0	0	--	0	0	2	1	563	48%
2024	Philadelphia	16/15	42	25	17	12	4.5	16	45	0	0	--	0	5	2	0	831	80%
2025	Philadelphia	3/3	6	2	4	1	0.0	5	9	0	0	--	0	0	0	0	108	58%
Totals		**35/19**	**81**	**47**	**34**	**21**	**10.5**	**30**	**101**	**0**	**0**	**--**	**0**	**5**	**4**	**1**	**---**	**---**
PLAYOFFS																		
2023	Philadelphia	1/0	2	1	1	0	0.0	0	1	0	0	--	0	0	0	0	37	53%
2024	Philadelphia	4/4	9	3	6	2	2.0	6	14	0	0	--	0	3	1	0	234	86%
Totals		**5/4**	**11**	**4**	**7**	**2**	**2.0**	**6**	**15**	**0**	**0**	**--**	**0**	**3**	**1**	**0**	**---**	**---**

ADDITIONAL STATISTICS

Fumble Recovery TDs: 1 - 2023 (1) **Blocked FGs:** 2 - 2023 (1), 2025 (1)

CAREER HIGHS

Tackles	7	11/14/24 vs. Was.
Sacks	2.0	3x, last: 1/19/25 vs. LAR (Div.)
INTs	--	---
PDs	2	2x, last: 1/19/25 vs. LAR (Div.)
FFs	2	9/25/23 at TB
FRs	1	12/10/23 at Dal.

Nicknames: J.C., Breadman ... **Hobbies:** Loves fishing and wants to do more deep sea fishing ... Has a goal of catching a Goliath Grouper ... **If he could play another sport, what team:** Basketball, Miami Heat ... **Favorite TV show:** *Spongebob* ... **Favorite music genre:** Hip-hop



BIRDSEED

- An outstanding athlete at Apopka (FL) High School, which is also the alma mater of Pro Football Hall of Fame DT **Warren Sapp** ... Played at multiple positions throughout his high school career, including DT, TE, FB and punter ... Booted a 60+ yard punt in the state championship game ... In addition to football, lettered in basketball and competed in heavyweight lifting competitions ... In middle school, saw action at RB, CB, WR and QB, throwing a 70+ yard TD pass in an AAU game
- During his pre-draft visit with the Eagles, served **Nick Sirianni** a quick 'H' competing in a game of 'HORSE' by delivering a flat-footed windmill dunk on his first try, leaving the head coach in disbelief ... Rumored to have been able to dunk as early as 5th grade, Carter previously went viral in high school after throwing down a windmill dunk in a game
- Inspired to give back to his community in Apopka, organized his first youth football camp with the help of his mother in 2022 ... Grew up going to camps, which helped him become the player he is today

CAREER HIGHLIGHTS

- Earned second-team **All-Pro** and **Pro Bowl** honors during the Eagles' **Super Bowl LIX**-winning campaign in 2024 ... Led the defense in pressures (45), QB hits (16) and TFLs (12) ... Became the youngest DT (23 years old) in franchise history to garner Pro Bowl accolades
- Voted to the PFWA **All-Rookie** Team in 2023 ... Logged the most sacks (6.0) by an Eagles rookie since **Derrick Burgess** in 2001 (6.0)

2025 SEASON - EAGLES

- Blocked a 36-yard Rams **Joshua Karty** FG with 8:26 remaining in the fourth quarter to help the Eagles orchestrate a game winning drive in the 33-26 win vs. Los Angeles (9/21/25)

2024 SEASON - EAGLES

- Received second-team **All-Pro** and **Pro Bowl** recognition for the first time in his career after leading Philadelphia's **Super Bowl LIX**-winning defense in pressures (45), QB hits (16) and TFLs (12) ... At 23 years old,

2025 GAME-BY-GAME STATISTICS (PHI)												
Date	**Opp**		**GP/S**	**Tot**	**Solo**	**Sk**	**Int**	**PD**	**FF**	**FR**	**Snaps**	**Pct**
Sep 4	Dal	W	0/0	DID NOT PLAY								
Sep 14	at KC	W	1/1	2	1	0.0	0	0	0	0	48	80%
Sep 21	LAR	W	1/1	3	0	0.0	0	0	0	0	60	91%
Sep 28	at TB	W	1/1	1	1	0.0	0	0	0	0	49	68%
Oct 5	Den											
Oct 9	at NYG											
Oct 19	at Min											
Oct 26	NYG											
Nov 10	at GB											
Nov 16	Det											
Nov 23	at Dal											
Nov 28	Chi											
Dec 8	at LAC											
Dec 14	LV											
Dec 20	at Was											
Dec 28	at Buf											
TBD	Was											
Totals			**3/3**	**6**	**2**	**0.0**	**0**	**0**	**0**	**0**	**157**	**60%**

2.0+ SACK GAMES		
Date	**Opponent**	**Sacks**
1/19/25	vs. Los Angeles Rams (W, 28-22) (Div.)	2.0
10/20/24	at New York Giants (W, 28-3)	2.0
10/8/23	at Los Angeles Rams (W, 23-14)	2.0



became the youngest Eagles DT to produce a Pro Bowl season … Also tallied a career-high 42 tackles with 5 PDs, 4.5 sacks and 2 FFs

- Ranked 4th among interior DL in *Pro Football Focus* pass-rush grade (81.5), behind **Chris Jones** (91.0), **Cameron Heyward** (87.2) and **Jeffery Simmons** (81.6) in that category (min. 400 pass-rush snaps)
- Produced a career-high-tying 2.0 sacks against Rams QB **Matthew Stafford** with 6 pressures, 5 tackles, 2 PDs and 1 FF in the 28-22 victory vs. L.A. Rams in the NFC Divisional Playoff (1/19/25) … Also sacked Giants QB **Daniel Jones** twice in the 28-3 win at New York (10/20/24)

COLLEGE HIGHLIGHTS

- A two-time CFP National Champion at Georgia (2021, '22), where he played three seasons (2020-22) … Totaled 83 tackles (44 solo), 18.5 TFLs, 6.0 sacks, 4 PDs and 2 FFs in 38 career games (13 starts)
- Received first-team All-America honors and was voted first-team All-SEC as a junior in 2022 … Named a finalist for the Rotary Lombardi Award (nation's top lineman) … Finished the season with 32 tackles (16 solo), 7 TFLs, 3.0 sacks, 3 PDs and 2 FFs in 13 games (nine starts)

TRANSACTIONS

- **2023** - Drafted by PHI in 1st round (9th overall)