

JALEN CARTER

DEFENSIVE TACKLE | 98

Height: 6-3 **Weight:** 314 **DOB:** April 4, 2001 (Age 25)
NFL Experience: 4th Year *(4th with Eagles)* **Draft:** D1a-23 (9th overall) by PHI
College: Georgia **Hometown (HS):** Apopka, FL (Apopka)

SUPER BOWL CHAMPION: 2024 (LIX) ALL-PRO: 2024 PRO BOWL: 2024, 2025 ALL-ROOKIE: 2023

CAREER STATISTICS

			TACKLES				PASS RUSH			INTERCEPTIONS					FUMBLES		DEF SNAPS	
Year	Team	GP/S	Total	Solo	Asst	TFL	Sacks	QBH	QBP	Int	Yds	Lg	TD	PD	FF	FR	No	Pct
2023	Philadelphia	16/1	33	20	13	8	6.0	9	47	0	0	--	0	0	2	1	563	48%
2024	Philadelphia	16/15	42	25	17	12	4.5	16	45	0	0	--	0	5	2	0	831	80%
2025	Philadelphia	11/11	33	21	12	5	3.0	12	29	0	0	--	0	7	0	0	639	57%
2026	Philadelphia	10/10	27	12	15	7	5.0	3	24	0	0	--	0	3	4	0	587	84%
Totals		**53/37**	**135**	**78**	**57**	**32**	**18.5**	**40**	**145**	**0**	**0**	**--**	**0**	**15**	**8**	**1**	**---**	**---**
PLAYOFFS																		
2023	Philadelphia	1/0	2	1	1	0	0.0	0	1	0	0	--	0	0	0	0	37	53%
2024	Philadelphia	4/4	9	3	6	2	2.0	6	14	0	0	--	0	3	1	0	234	86%
2025	Philadelphia	1/1	3	1	2	1	1.0	1	2	0	0	--	0	0	0	0	58	98%
Totals		**6/5**	**14**	**5**	**9**	**3**	**3.0**	**7**	**17**	**0**	**0**	**--**	**0**	**3**	**1**	**0**	**---**	**---**

ADDITIONAL STATISTICS

Fumble Recovery TDs: 1 - 2023 (1) **Blocked FGs:** 2 - 2023 (1), 2025 (1) **Blocked PATs:** 2 - 2025 (1), 2026 (1)

CAREER HIGHS

Tackles	7	11/14/24 vs. Was.
Sacks	2.0	4x, last: 10/11/26 at Jax.
INTs	--	---
PDs	2	5x, last: 11/28/25 vs. Chi.
FFs	2	2x, last: 10/11/26 at Jax.
FRs	1	12/10/23 at Dal.

Nicknames: J.C., Breadman ... Hobbies: Loves fishing and wants to do more deep sea fishing ... Has a goal of catching a Goliath Grouper ... If he could play another sport, what team: Basketball, Miami Heat ... Favorite TV show: *Spongebob* ... Favorite music genre: Hip-hop



BIRDSEED

- An outstanding athlete at Apopka (FL) High School, which is also the alma mater of Pro Football Hall of Fame DT **Warren Sapp** ... Played at multiple positions throughout his high school career, including DT, TE, FB and punter ... Booted a 60+ yard punt in the state championship game ... In addition to football, lettered in basketball and competed in heavyweight lifting competitions ... In middle school, saw action at RB, CB, WR and QB, throwing a 70+ yard TD pass in an AAU game
- During his pre-draft visit with the Eagles, served **Nick Sirianni** a quick 'H' competing in a game of 'HORSE' by delivering a flat-footed windmill dunk on his first try, leaving the head coach in disbelief ... Rumored to have been able to dunk as early as 5th grade, Carter previously went viral in high school after throwing down a windmill dunk in a game
- Inspired to give back to his community in Apopka, organized his first youth football camp with the help of his mother in 2022 ... Grew up going to camps, which helped him become the player he is today

CAREER HIGHLIGHTS

- Was selected to his second straight **Pro Bowl** in 2025 after supporting a defense that allowed the fewest passing TDs (14) in the NFL and the lowest completion percentage (56.8%) in the league
- Earned second-team **All-Pro** and **Pro Bowl** honors during the Eagles' **Super Bowl LIX**-winning campaign in 2024 ... Led the defense in pressures (45), QB hits (16) and TFLs (12) ... Became the youngest DT (23 years old) in franchise history to garner Pro Bowl accolades
- Voted to the *PFWA* **All-Rookie** Team in 2023 ... Logged the most sacks (6.0) by an Eagles rookie since **Derrick Burgess** in 2001 (6.0)

2026 SEASON - EAGLES

- Recorded 5 tackles, 3 pressures, 3 TFLs, 2.0 sacks (both strip-sacks) and 1 PD in the game at Jacksonville (10/11/26) ... Became the first NFL DT

2026 GAME-BY-GAME STATISTICS (PHI)												
Date	Opp		GP/S	Tot	Solo	Sk	Int	PD	FF	FR	Snaps	Pct
Sep 13	Was	W	1/1	3	1	0.0	0	0	1	0	66	94%
Sep 20	at Ten	W	1/1	1	1	1.0	0	0	0	0	41	77%
Sep 28	at Chi	L	1/1	3	2	0.0	0	0	0	0	51	71%
Oct 4	LAR	L	1/1	1	0	0.0	0	0	0	0	70	83%
Oct 11	at Jax	L	1/1	5	3	2.0	0	1	2	0	58	81%
Oct 18	Car	L	1/1	3	1	0.0	0	1	0	0	74	94%
Oct 26	Dal	L	1/1	2	0	0.0	0	0	0	0	59	87%
Nov 1	at Was	L	1/1	5	2	1.0	0	1	0	0	49	82%
Nov 8	NYG	L	1/1	2	1	1.0	0	0	1	0	58	87%
Nov 22	Pit	W	1/1	2	1	0.0	0	0	0	0	61	86%
Nov 26	at Dal											
Dec 6	at Ari											
Dec 13	Ind											
Dec 19	Sea											
Dec 24	Hou											
Jan 3	at SF											
TBD	at NYG											
Totals			**10/10**	**27**	**12**	**5.0**	**0**	**3**	**4**	**0**	**587**	**84%**

2.0+ SACK GAMES		
Date	Opponent	Sacks
10/11/26	at Jacksonville Jaguars (L, 17-19)	2.0
1/19/25	vs. Los Angeles Rams (W, 28-22) (Div.)	2.0
10/20/24	at New York Giants (W, 28-3)	2.0
10/8/23	at Los Angeles Rams (W, 23-14)	2.0



since **Chris Jones** in 2020 to record 2.0+ strip sacks in a single game

2025 SEASON - EAGLES

- Earned his second career **Pro Bowl** nod after appearing in 11 games (11 starts), totaling 33 tackles (21 solo), 29 pressures, 12 QB hits, 7 PDs, 4 TFLs and 3.0 sacks ... Tied with **Jordan Davis** (6) for the 2nd-most batted passes among NFL DTs
- Blocked a 36-yard Rams **Joshua Karty** FG with 8:26 remaining in the fourth quarter to help the Eagles orchestrate a game winning drive in the 33-26 win vs. Los Angeles (9/21/25)

COLLEGE HIGHLIGHTS

- A two-time CFP National Champion at Georgia (2021, '22), where he played three seasons (2020-22) ... Totaled 83 tackles (44 solo), 18.5 TFLs, 6.0 sacks, 4 PDs and 2 FFs in 38 career games (13 starts)
- Received first-team All-America honors and was voted first-team All-SEC as a junior in 2022 ... Named a finalist for the Rotary Lombardi Award (nation's top lineman) ... Finished the season with 32 tackles (16 solo), 7 TFLs, 3.0 sacks, 3 PDs and 2 FFs in 13 games (nine starts)

TRANSACTIONS

- **2023** - Drafted by PHI in 1st round (9th overall) ... **7/28/26** - Agreed to terms on 4-year contract extension