



KENNETH GAINWELL

RUNNING BACK | 14



Height: 5-9 Weight: 200 DOB: March 14, 1999 (Age 24)
NFL Experience: 3rd Year (3rd with Eagles) Draft: D5-21 (150th overall) by PHI
College: Memphis Hometown (HS): Yazoo City, MS (Yazoo County)

CAREER STATISTICS															
			RUSHING					RECEIVING					OFF SNAPS		
Year	Team	GP/S	Att	Yds	Avg	Lg	TD	Rec	Yds	Avg	Lg	TD	TYS	No	Pct
2021	Philadelphia	16/1	68	291	4.3	18t	5	33	253	7.7	19	1	544	298	27%
2022	Philadelphia	17/0	53	240	4.5	13	4	23	169	7.3	20	0	409	331	28%
2023	Philadelphia	16/2	84	364	4.3	32	2	30	183	6.1	19	0	547	442	39%
Totals		49/3	205	895	4.4	32	11	86	605	7.0	20	1	1,500	---	---
PLAYOFFS															
2021	Philadelphia	1/0	1	6	6.0	6	0	5	49	9.8	20	1	55	25	38%
2022	Philadelphia	3/0	33	181	5.5	35t	1	7	55	7.9	17	0	236	95	43%
2023	Philadelphia	1/0	4	3	0.8	4	0	2	10	5.0	9	0	12	19	32%
Totals		5/0	38	190	5.5	35t	1	14	110	8.7	20	1	304	---	---
ADDITIONAL STATISTICS															
Fumbles/Lost: 3/2 - 2021 (2/1), 2023 (1/1) Kickoff Returns: 8-137 - 2021 (8-137) Postseason Kickoff Returns: 3-57 - 2021 (3-57) Postseason Fumble Recoveries: 1 - 2021 (1)															
Special Teams Tackles: 1 - 2023 (1) Passing: 1/1-17 - 2023 (1/1-17)															

CAREER HIGHS		
Rush Attempts	14	3x, last: 9/25/23 at TB
Rushing Yards	112	1/21/23 vs. NYG (Div.)
Rushing Long	35t	1/21/23 vs. NYG (Div.)
Rushing TDs	1	12x, last: 11/5/23 vs. Dal.
Receptions	6	10/3/21 vs. KC
Receiving Yards	58	10/3/21 vs. KC
Receiving Long	20	2x, last: 12/24/22 at Dal.
Receiving TDs	1	10/24/21 at LV
Scrimmage Yards	121	1/21/23 vs. NYG (Div.)
Scrimmage TDs	1	14x, last: 11/5/23 vs. Dal.

Nicknames: Kenny, Kenny G and Iceman ... Hobbies: Fishing ... Favorite meal: Meatlovers pizza ... Favorite movie: Spider-Man ... Favorite TV show: Sanford and Son, Good Times and Scooby-Doo



BIRDSEED

- ▶ Is cousins with Fletcher Cox ... Grew up an Eagles fan
- ▶ His family was significantly impacted by the COVID-19 pandemic, with four relatives passing away due to the virus ... Resulted in his decision to opt out of his final collegiate season at Memphis in 2020
- ▶ Considers his older brother, Curtis, his biggest inspiration ... In 2013, Curtis suffered a ruptured blood vessel in his brain causing a hemorrhagic stroke, requiring four surgeries to save his life at 18 years old ... Though he needed to learn to walk and talk again, Curtis has done incredible with his recovery, deeply motivating Kenneth
- ▶ Has supported the Pediatric Stroke Program at the Children’s Hospital of Philadelphia through the NFL’s My Cause My Cleats campaign

CAREER HIGHLIGHTS

- ▶ Led the Eagles in both rushing yards (181) and scrimmage yards (236) during the 2022 playoffs, which resulted in a Super Bowl LVII appearance ... Averaged 5.5 yards per carry with 1 TD on 33 attempts
- ▶ In 2021, tied for the most rushing TDs (5) in franchise rookie history, joining Don Johnson (1953) and Steve Van Buren (1944)

2023 SEASON - EAGLES

- ▶ Appeared in 16 games during the 2023 season, finishing with 364 rushing yards (career-high) and 2 TDs

2022 SEASON - EAGLES

- ▶ Appeared in a career-high 331 offensive snaps, rushing for 240 yards and 4 TDs on 53 carries and catching 23 passes for 169 yards
- ▶ Totaled 181 rushing yards and 236 scrimmage yards in three playoff games, pacing the team in each category as the Eagles advanced to



2023 GAME-BY-GAME STATISTICS (PHI)																
				RUSHING					RECEIVING						OFF SNAPS	
Date	Opp		GP/S	Att	Yds	Avg	Lg	TD	Rec	Yds	Avg	Lg	TD	TYS	No	Pct
Sep 10	at NE	W	1/1	14	54	3.9	16	0	4	20	5.0	8	0	74	41	62%
Sep 14	Min	W	0/0	INACTIVE												
Sep 25	at TB	W	1/0	14	43	3.1	8	0	1	5	5.0	5	0	48	37	46%
Oct 1	Was	W	1/0	4	14	3.5	13	0	2	7	3.5	4	0	21	27	38%
Oct 8	at LAR	W	1/0	7	17	2.4	4	0	1	7	7.0	7	0	24	30	38%
Oct 15	at NYJ	L	1/0	2	13	6.5	12	0	1	4	4.0	4	0	16	29	41%
Oct 22	Mia	W	1/0	8	16	2.0	5	1	0	0	---	--	0	16	23	32%
Oct 29	at Was	W	1/0	2	-4	-2.0	0	0	5	30	6.0	17	0	26	19	30%
Nov 5	Dal	W	1/0	3	22	7.3	12t	1	1	1	1.0	1	0	23	23	37%
Nov 20	at KC	W	1/0	1	1	1.0	1	0	1	4	4.0	4	0	5	17	30%
Nov 26	Buf	W	1/0	2	26	13.0	23	0	2	10	5.0	6	0	36	23	35%
Dec 3	SF	L	1/0	2	5	2.5	3	0	5	42	8.4	15	0	47	39	54%
Dec 10	at Dal	L	1/0	4	28	7.0	11	0	0	0	---	--	0	28	25	45%
Dec 18	at Sea	L	1/0	6	21	3.5	8	0	0	0	---	--	0	21	28	41%
Dec 25	NYG	W	1/0	6	41	6.8	22	0	3	38	12.7	19	0	79	30	40%
Dec 31	Ari	L	1/0	2	5	2.5	3	0	4	15	3.8	6	0	20	26	53%
Jan 7	at NYG	L	1/1	7	62	8.9	32	0	0	0	---	--	0	62	25	38%
Totals			16/2	84	364	4.3	32	2	30	183	6.1	19	0	547	442	39%
PLAYOFFS																
Jan 15	at TB	L	1/0	4	3	0.8	4	0	2	10	5.0	9	0	12	19	32%
Totals			1/0	4	3	0.8	4	0	2	10	5.0	9	0	12	19	32%



Super Bowl LVII ... Finished with a 5.5 rushing average and 1 TD

- ▶ Logged career highs in scrimmage yards (121) and rushing yards (112) with 1 TD in the NFC Divisional Playoff vs. N.Y. Giants (1/21/23) ... His 121 scrimmage yards marked the most by an Eagle in a playoff game since **Jeremy Maclin** on 1/9/10 at Dallas (146)

COLLEGE HIGHLIGHTS

- ▶ Played in 18 career games (14 starts) at Memphis and recorded 2,212 scrimmage yards (1,550 rushing, 662 receiving) with 17 TDs
- ▶ Led the Tigers to an AAC Championship behind an FBS-leading 2,069 all-purpose yards along with 1,459 rushing yards (12th nationally) as a redshirt freshman in 2019 ... Became just the third player in program history to register 2,000+ all-purpose yards in a season, joining **DeAngelo Williams** (2003-05) and **Darrell Henderson** (2018)

TRANSACTIONS

- ▶ **2021** - Drafted by PHI in 5th round (150th overall)