



LANDON DICKERSON

GUARD | 69

Height: 6-6 Weight: 332 DOB: Sept. 30, 1998 (Age 27)
 NFL Experience: 6th Year (6th with Eagles) Draft: D2-21 (37th overall) by PHI
 College: Alabama Hometown (HS): Hudson, NC (South Caldwell)



SUPER BOWL CHAMPION: 2024 (LIX) PRO BOWL: 2022, 2023, 2024

CAREER STATISTICS

Year	Team	GP/S	STARTS			OFF SNAPS	
			LG	C	RG	No	Pct
2021	Philadelphia	14/13	12	0	1	859	77%
2022	Philadelphia	17/17	17	0	0	1,096	93%
2023	Philadelphia	16/16	16	0	0	1,046	91%
2024	Philadelphia	16/16	16	0	0	996	86%
2025	Philadelphia	15/15	15	0	0	836	79%
Totals		78/77	76	0	1	---	---

PLAYOFFS

2021	Philadelphia	1/1	1	0	0	66	100%
2022	Philadelphia	3/3	3	0	0	201	92%
2023	Philadelphia	1/1	1	0	0	57	97%
2024	Philadelphia	4/4	3	1	0	236	88%
2025	Philadelphia	1/1	1	0	0	73	100%
Totals		10/10	9	1	0	---	---

Nickname: Big Country ... **Hobbies:** Woodworking, hunting, fishing, working on cars, home improvement, landscaping, mowing grass and Legos ... **Bucket list:** Visit every continent ... **Guilty pleasures:** Rita's birthday cake custard ... **Memorable fan interactions:** "There was a woman at Alabama. Every single game, I mean at the team hotel, war-mups, bus ride, she was there for everything. It didn't matter if we were in Texas, Florida, Arkansas, it didn't matter." ... **Favorite movie:** Forrest Gump ... **Favorite meal:** Steak and sweet potato fries ... **Favorite athlete growing up:** Lawrence Taylor



BIRDSEED

- ▶ Known as a skilled handyman who embarks on a number of do-it-yourself home projects with his wife, Brooke ... The couple runs their own home improvement page on Instagram called @dickerson_diys
- ▶ Has built an inseparable friendship with **Jordan Mailata**, who served as Landon's best man at his wedding during the 2023 offseason
- ▶ Is an Eagle Scout ... Announced on National Signing Day in 2016 that he would finish his Eagle Scout service project installing park benches to restore a recreation center instead of enrolling in college early
- ▶ Learned discipline through martial arts at a young age ... Earned a black belt in karate when he was just 11 years old, becoming the youngest black belt in the history of the dojo that he attended
- ▶ Has supported the Eagles Autism Foundation through the league's *My Cause My Cleats* initiative ... The foundation helps support impactful autism research and care to improve the lives of affected individuals and families while aiming to drive scientific breakthroughs

CAREER HIGHLIGHTS

- ▶ A three-time **Pro Bowl** selection (2022, '23, '24), two-time NFC Champion (2022, '24) and **Super Bowl LIX** Champion ... Is tied with **Brandon Brooks** (2016-21) for the most Pro Bowl nods by an Eagles guard
- ▶ Blocked for a **Super Bowl LIX**-winning OL that helped **Saquon Barkley** (2,005) become just the ninth player in NFL history to join the 2,000+ yard rushing club in 2024 ... Barkley established a league record with 2,504 rushing yards in the regular season and playoffs ... The Eagles totaled the most combined rushing yards (3,866) in NFL history

NOTES TO KNOW

- ▶ Is one of five NFL guards with Pro Bowls each year since 2022, joining **Joel Bitonio, Chris Lindstrom, Quenton Nelson** and **Joe Thuney**

2025 SEASON - EAGLES

- ▶ Saw action in 15 contests (15 starts) en route to helping **Saquon Barkley** eclipse the 1,000+ yard mark for the second straight season

COLLEGE HIGHLIGHTS

- ▶ Named the recipient of the Rimington Trophy (awarded to the nation's top center) and voted a unanimous first-team All-American and first-team All-SEC honoree as a fifth-year senior at Alabama in 2020
- ▶ Helped lead Alabama to an undefeated 2020 campaign, which culminated in a CFP National Championship ... Anchored an OL that blocked for the Power 5's top-ranked scoring offense (48.5 ppg) ... The Crimson Tide also ranked 1st in the country in pass efficiency rating (198.9) and 2nd in passing offense (358.2 ypg) and total offense (541.6 ypg)



- ▶ Received All-America honorable mention accolades from *Pro Football Focus* in 2019 ... Voted second-team All-SEC as a guard (Associated Press) and center (league's coaches) ... Paved the way for a unit that ranked 2nd in the nation in scoring offense (47.2 ppg), 3rd in passing offense (342.2 ypg) and 6th in total offense (510.8 ypg)
- ▶ Began his collegiate career at Florida State (2016-18)

TRANSACTIONS

- ▶ **2021** - Drafted by PHI in 2nd round (37th overall) ... **7/28/21** - Placed on Active/Non-Football Injury ... **8/30/21** - Activated from Active/Non-Football Injury ... **12/19/21** - Placed on Reserve/COVID-19 ... **12/24/21** - Activated from Reserve/COVID-19... **3/11/24** - Agreed to terms with PHI on 4-year contract extension