



# J.J. ARCEGA-WHITESIDE

TIGHT END | 19

(pronounced are-THAY-guh)

Height: 6-2 Weight: 237 DOB: Dec. 31, 1996 (Age 25)

NFL Experience: 4th Year (4th with Eagles) Draft: D2b-19 (57th overall) by PHI

College: Stanford Hometown (HS): Roebuck, SC (Dorman)



## CAREER STATISTICS

Year	Team	GP/S	RECEIVING					OFF SNAPS	
			Rec	Yds	Avg	Lg	TD	No	Pct
2019	Philadelphia	16/5	10	169	16.9	30	1	492	42%
2020	Philadelphia	8/0	4	85	21.3	37	0	141	13%
2021	Philadelphia	16/2	2	36	18.0	23	0	170	15%
<b>Totals</b>		<b>40/7</b>	<b>16</b>	<b>290</b>	<b>18.1</b>	<b>37</b>	<b>1</b>	---	---

## PLAYOFFS

2019	Philadelphia	1/0	0	0	---	---	0	12	17%
<b>Totals</b>		<b>1/0</b>	<b>0</b>	<b>0</b>	---	---	<b>0</b>	---	---

## ADDITIONAL STATISTICS

Fumble Recoveries: 3 - 2019 (1), 2020 (1), 2021 (1) Fumble Recovery TDs: 1 - 2020 (1)

Special Teams Tackles: 5 - 2021 (5) Special Teams FFs: 1 - 2021 (1)

## CAREER HIGHS

Receptions	2	4x, last: 1/3/21 vs. Was.
Receiving Yards	43	11/24/19 vs. Sea.
Receiving Long	37	10/11/20 at Pit.
Receiving TDs	1	12/1/19 at Mia.

**First job:** Interned for former Secretary of State Condoleezza Rice while at Stanford ... **Bucket list:** Sitting front row at a Real Madrid vs. Barcelona soccer match ... **Surprisingly good at:** "I'm good at eating fast. All my friends think it's impressive how I'm always the first one to finish their food." ... **If he could play another sport, what team:** Basketball, Philadelphia 76ers ... **Favorite athlete growing up:** Cristiano Ronaldo ... **Favorite meal:** Spaghetti fettuccine with either chicken or shrimp ... **Favorite music:** Hip-hop ... **Moment left starstruck:** "When I was in high school, we had a 7-on-7 tournament and Steve Smith was there. He came up, spoke to me, and handed me his game gloves."



## BIRDSEED

- ▶ Converted from WR to TE during the 2022 offseason
- ▶ Has supported Susan G. Komen, a breast cancer foundation, through the NFL's *My Cause My Cleats* initiative to honor his mother, Valorie Whiteside, who is a stage 3B survivor ... Susan G. Komen directs funds toward breakthrough research aimed at preventing and curing breast cancer and addresses critical needs in our communities
- ▶ Originally born in Zaragoza, Spain ... Has lived in several countries, including the United States, Italy, Portugal and Spain ... Moved to South Carolina at age 6 ... Learned English as a third language
- ▶ His father, Joaquin Arcega, and mother each played basketball professionally overseas ... His uncles, Fernando and Jose Arcega, also played basketball for Spain in the 1984 Summer Olympics ... His grandfather, Walter Means, who passed away during the 2021 season, played baseball in the Negro Leagues with the New York Black Yankees
- ▶ Majored in international studies while at Stanford ... Completed an internship at the office of Condoleezza Rice ... Delivered mail, screened calls and responded to emails on behalf of Rice

## 2021 SEASON - EAGLES

- ▶ Produced a career-high 5 special teams tackles with 1 FF and 1 FR in 229 special teams snaps, which ranked 6th on the Eagles ... Also recorded 2 receptions for 36 yards in 170 offensive snaps

## 2020 SEASON - EAGLES

- ▶ Logged 4 receptions for 85 yards (21.3 avg.)
- ▶ Recovered a **Miles Sanders** fumble in the end zone for a TD following Sanders' 74-yard run vs. Bal. (10/18/20)

## 2019 SEASON - EAGLES

- ▶ Finished his rookie campaign with 10 catches for 169 yards (16.9 avg.) and 1 TD, including 4 receptions of 20+ yards
- ▶ Hauled in a 15-yard pass from **Carson Wentz** for his 1st career TD in the second quarter at Mia. (12/1/19)

## COLLEGE HIGHLIGHTS

- ▶ Registered 135 receptions for 2,219 yards (16.4 avg.) and 28 TDs in 33 career games ... Totaled the 2nd-most receiving TDs in school history, trailing only **Ken Margerum** (30, 1977-80) in that category
- ▶ Garnered All-Pac-12 honors after tying for the 3rd-most receiving TDs (14) among NCAA FBS players and producing the 3rd-most receiving yards (1,059) in the conference as a senior
- ▶ Earned All-Pac-12 honorable mention accolades following his sophomore season in 2017, when he posted a team-high 48 receptions for 781 yards (16.3 avg.) and 9 TDs

## PERSONAL

- ▶ Prepped at Dorman (SC) High School, where he finished as the career leader in receptions (207), receiving yards (3,779) and TDs (38), while averaging 18.2 yards per catch as a three-year varsity starter ... Also lettered in basketball and track and field

2021 GAME-BY-GAME STATISTICS (PHI)										
Date	Opp		GP/S	Rec	Yds	Avg	Lg	TD	Snaps	Pct
Sep 12	at Atl	W	1/1	0	0	---	--	0	16	23%
Sep 19	SF	L	1/0	0	0	---	--	0	8	14%
Sep 27	at Dal	L	1/0	0	0	---	--	0	4	7%
Oct 3	KC	L	1/0	0	0	---	--	0	11	15%
Oct 10	at Car	W	1/0	0	0	---	--	0	3	4%
Oct 14	TB	L	1/0	0	0	---	--	0	4	8%
Oct 24	at LV	L	1/0	0	0	---	--	0	8	12%
Oct 31	at Det	W	1/0	0	0	---	--	0	4	6%
Nov 7	LAC	L	0/0	INACTIVE						
Nov 14	at Den	W	1/0	0	0	---	--	0	1	2%
Nov 21	NO	W	1/0	1	23	23.0	23	0	12	15%
Nov 28	at NYG	L	1/1	1	13	13.0	13	0	15	22%
Dec 5	at NYJ	W	1/0	0	0	---	--	0	14	20%
Dec 21	Was	W	1/0	0	0	---	--	0	11	15%
Dec 26	NYG	W	1/0	0	0	---	--	0	13	21%
Jan 2	at Was	W	1/0	0	0	---	--	0	4	7%
Jan 8	Dal	L	1/0	0	0	---	--	0	42	57%
Totals			16/2	2	36	18.0	23	0	170	15%
PLAYOFFS										
Jan 16	at TB	L	0/0	RESERVE/INJURED						
Totals			0/0	0	0	---	--	0	0	0%

2019 GAME-BY-GAME STATISTICS (PHI)										
Date	Opp		GP/S	Rec	Yds	Avg	Lg	TD	Snaps	Pct
Sep 8	Was	W	1/0	0	0	---	--	0	5	7%
Sep 15	at Atl	L	1/0	1	4	4.0	4	0	75	93%
Sep 22	Det	L	1/1	1	10	10.0	10	0	55	72%
Sep 26	at GB	W	1/0	0	0	---	--	0	6	10%
Oct 6	NYJ	W	1/0	0	0	---	--	0	2	3%
Oct 13	at Min	L	1/0	0	0	---	--	0	5	8%
Oct 20	at Dal	L	1/0	0	0	---	--	0	12	20%
Oct 27	at Buf	W	1/0	0	0	---	--	0	4	5%
Nov 3	Chi	W	1/0	0	0	---	--	0	15	17%
Nov 17	NE	L	1/0	1	29	29.0	29	0	19	25%
Nov 24	Sea	L	1/1	2	43	21.5	30	0	54	71%
Dec 1	at Mia	L	1/0	1	15	15.0	15	1	27	38%
Dec 9	NYG	W	1/1	2	29	14.5	22	0	80	90%
Dec 15	at Was	W	1/1	0	0	---	--	0	71	92%
Dec 22	Dal	W	1/1	2	39	19.5	27	0	45	62%
Dec 29	at NYG	W	1/0	0	0	---	--	0	17	23%
Totals			16/5	10	169	16.9	30	1	492	42%
PLAYOFFS										
Jan 5	Sea	L	1/0	0	0	---	--	0	12	17%
Totals			1/0	0	0	---	--	0	12	17%

2020 GAME-BY-GAME STATISTICS (PHI)										
Date	Opp		GP/S	Rec	Yds	Avg	Lg	TD	Snaps	Pct
Sep 13	at Was	L	1/0	0	0	---	--	0	28	41%
Sep 20	LAR	L	1/0	0	0	---	--	0	16	23%
Sep 27	Cin	T	1/0	0	0	---	--	0	18	20%
Oct 4	at SF	W	0/0	INACTIVE						
Oct 11	at Pit	L	1/0	1	37	37.0	37	0	8	14%
Oct 18	Bal	L	1/0	0	0	---	--	0	12	17%
Oct 22	NYG	W	1/0	1	8	8.0	8	0	13	16%
Nov 1	Dal	W	1/0	0	0	---	--	0	5	8%
Nov 15	at NYG	L	0/0	INACTIVE						
Nov 22	at Cle	L	0/0	RESERVE/COVID-19						
Nov 30	Sea	L	0/0	RESERVE/COVID-19						
Dec 6	at GB	L	0/0	INACTIVE						
Dec 13	NO	W	0/0	DID NOT PLAY						
Dec 20	at Ari	L	0/0	INACTIVE						
Dec 27	at Dal	L	0/0	INACTIVE						
Jan 3	Was	L	1/0	2	40	20.0	30	0	41	60%
Totals			8/0	4	85	21.3	37	0	141	13%



TRANSACTIONS

- ▶ 2019 - Drafted by PHI in 2nd round (57th overall) ... 11/19/20 - Placed on Reserve/COVID-19 ... 12/2/20 - Activated from Reserve/COVID-19 ... 1/10/22 - Placed on Reserve/Injured