



ISAAC SEUMALO

GUARD | 56

(pronounced say-uh-MAH-low)



Height: 6-4 **Weight:** 303 **DOB:** Oct. 29, 1993 (Age 27)

NFL Experience: 6th Year (6th with Eagles) **Draft:** D3-16 (79th overall) by PHI

College: Oregon State **Hometown (HS):** Corvallis, OR (Corvallis)

Super Bowl Champion: 2017 (LII)

CAREER STATISTICS

Year	Team	GP/S	STARTS			OFF SNAPS	
			LG	RG	RT	No	Pct
2016	Philadelphia	9/4	1	2	1	335	30%
2017	Philadelphia	14/2	2	0	0	284	25%
2018	Philadelphia	13/9	9	0	0	548	50%
2019	Philadelphia	16/16	16	0	0	1,181	99%
2020	Philadelphia	9/9	9	0	0	587	52%
2021	Philadelphia	2/2	2	0	0	129	100%
Totals		63/42	39	2	1	---	---
PLAYOFFS							
2017	Philadelphia	3/0	0	0	0	23	11%
2018	Philadelphia	2/2	2	0	0	119	100%
2019	Philadelphia	1/1	1	0	0	69	100%
Totals		6/3	3	0	0	---	---

First job: Delivering newspapers in his neighborhood (woke up at 3 a.m. to start his route) ... **If he could play another sport:** Ping pong ... **Favorite sports moment:** Hawaii's 2008 Sugar Bowl season ... **Favorite meal:** Hawaiian food ... **Favorite TV show:** *It's Always Sunny in Philadelphia*



CAREER HIGHLIGHTS

- ▶ Started all 16 games at LG for the first time in his career in 2019 ... Appeared in 1,181 offensive snaps (99%) ... Paved the way for an offense that ranked 3rd in red zone TD efficiency (66.7%) and 4th in third-down conversion rate (45.4%)
- ▶ Played in 14 games, including two starts at LG, during Philadelphia's **Super Bowl LII**-winning season in 2017 ... Blocked for one of the most dominant OL units in the league ... Helped the Eagles lead the NFL in red zone offense (65.%) and rank 3rd in rushing offense (132.2 ypg) and offensive points per game (26.3)
- ▶ Proved to be a key reserve OL as a rookie in 2016 ... Saw action in nine games and started four contests at three different positions (one at LG, two at RG and one at RT) ... Appeared at RG in his NFL starting debut vs. GB (11/28/16)

COLLEGE HIGHLIGHTS

- ▶ Made 37 career starts at Oregon State, opening contests at four different positions on the OL (LT, C, RG and RT)
- ▶ In 2015, started all 12 games for the Beavers (three at LT, nine at RG) ... Named to the Outland Trophy and Rotary Lombardi Award watch lists and finished the season with All-Pac-12 honorable mention and Pac-12 All-Academic first-team honors
- ▶ Started 10 games at C and two games at RT in 2013, earning second-team All-Pac-12 All-Conference honors ... Also selected to the Capital One Academic All-District Team as well as the Pac-12 All-Academic first-team
- ▶ During the 2012 season, became the first freshman starting C for Oregon State since **Roger Levasa** in 1978 ... Earned All-Pac-12 honorable mention and was named Freshman All-America by *Phil Steele* and CBSSports.com

BIRDSEED

- ▶ Prepped at Corvallis (OR) High School, where he was named 5A first-team All-State as an OL and DL following his junior and senior seasons ... Also an Under Armour and ESPN All-American
- ▶ Is the son of Joe and Karen Seumalo and has three brothers (Andrew, Levi and Noah) and one sister (Jessi)

TRANSACTIONS

- ▶ **11/20/20** - Activated from Reserve/Injured ... **9/22/20** - Placed on Reserve/Injured ... **3/4/19** - Agreed to terms with PHI on 3-year contract ... **2016** - Drafted by PHI in 3rd round (79th overall)