



# LANE JOHNSON

TACKLE | 65

**Height:** 6-6 **Weight:** 325 **DOB:** May 8, 1990 (Age 32)  
**NFL Experience:** 10th Year (10th with Eagles) **Draft:** D1-13 (4th overall) by PHI  
**College:** Oklahoma **Hometown (HS):** Groveton, TX (Groveton)



**SUPER BOWL CHAMPION:** 2017 (LII) **ALL-PRO:** 2017, 2021 **PRO BOWL:** 2018, 2019, 2020

## CAREER STATISTICS

Year	Team	GP/S	STARTS		OFF SNAPS	
			LT	RT	No	Pct
2013	Philadelphia	16/16	0	16	1,102	100%
2014	Philadelphia	12/12	0	12	889	76%
2015	Philadelphia	16/16	2	14	1,156	100%
2016	Philadelphia	6/6	0	6	407	36%
2017	Philadelphia	15/15	0	15	964	85%
2018	Philadelphia	15/15	0	15	962	88%
2019	Philadelphia	12/12	0	12	773	65%
2020	Philadelphia	7/7	0	7	404	36%
2021	Philadelphia	13/13	0	13	821	73%
2022	Philadelphia	5/5	0	5	375	100%
<b>Totals</b>		<b>117/117</b>	<b>2</b>	<b>115</b>	---	---

## PLAYOFFS

2013	Philadelphia	1/1	0	1	58	100%
2017	Philadelphia	3/3	0	3	207	100%
2018	Philadelphia	2/2	0	2	119	100%
2019	Philadelphia	0/0	0	0	0	0%
2021	Philadelphia	1/1	0	1	43	65%
<b>Totals</b>		<b>7/7</b>	<b>0</b>	<b>7</b>	---	---

## ADDITIONAL STATISTICS

Receiving TDs: 1 - 2021 (1)

**First job:** Grave digger in high school ... **Biggest pet peeve:** Drivers that take a long time to make a turn ... **Hobbies:** Hunting and fishing ... **Favorite teams/athletes growing up:** Houston Rockets, Green Bay Packers and Brett Favre ... **If he could play another sport, what position/team:** Small forward, Houston Rockets ... **Favorite movie:** *Forrest Gump* ... **Favorite TV show:** *Impractical Jokers* ... **Three favorite throwback jerseys:** Hakeem Olajuwon, Rockets; Michael Vick, Falcons; Bo Jackson, Raiders



## CAREER HIGHLIGHTS

- ▶ Is a three-time **Pro Bowl** selection (2018, '19, '20), two-time *Associated Press All-Pro* (2017, '21) and **Super Bowl LII** champion
- ▶ Is one of three Eagles OTs to be named to multiple AP All-Pro teams, joining **Jason Peters** (four) and **Bob Brown** (five) ... Is tied for the 2nd-most Pro Bowls by an OT in franchise history, behind Peters (seven)
- ▶ Joined **Jason Peters** (2013-16) and **Frank "Bucko" Kilroy** (1953-55) as the only Eagles OTs to earn three consecutive Pro Bowl nods

## BIRDSEED

- ▶ Opened up about his struggles with anxiety and depression in 2021 ... Aimed to help further the conversation about mental health with professional athletes ... Diagnosed with an anxiety disorder in 2008
- ▶ Represented Merging Vets & Players through the NFL's *My Cause My Cleats* campaign in 2021 ... Merging Vets & Players empowers combat veterans and former professional athletes by connecting them during their transitions, promoting personal development and showing them they are never alone ... Has previously brought awareness to the programs designed by Feherty's Troops First Foundation for wounded service members and their families through *My Cause My Cleats*
- ▶ Co-created the OL Masterminds Summit with his friend and OL guru Duke Manyweather in 2018 ... The annual meeting brings together OL from the NFL and college to discuss the technical and mental aspects of their craft, invest in each other and advance OL appreciation
- ▶ Converted a horse barn on his property into a world-class home gym that is famously known as the "Bro Barn" ... Hosts groups of Eagles and other NFL players for competitive workouts in the offseason
- ▶ Began his collegiate career at Kilgore College (TX), where he served as the Rangers' QB playing at a 202-pound weight ... After transferring to Oklahoma as a TE in 2009, he redshirted for one year before playing TE and DE in 2010 ... Later settled in as a RT in 2011 prior to moving to the left side of the OL as a senior during the 2012 campaign

## NOTES TO KNOW

- ▶ According to PFF, has not allowed a sack since Week 11 of 2020 ... In addition, has not allowed a QB hit since Week 7 of 2021

## 2022 SEASON - EAGLES



## 2021 SEASON - EAGLES

- ▶ Led all NFL OTs with a 0.2% knockdown percentage, allowing 0 sacks and just 1 QB hit in 413 pass-blocking opportunities ... Finished as the only OT to not surrender a sack (min. 350 pass-blocking snaps)
- ▶ Ranked 2nd among NFL RTs with an 83.0 PFF offensive grade, trailing only **Tristan Wirfs** (84.6) (min. 700 snaps at RT) ... Produced the 2nd-best pass-blocking grade (81.1) and 3rd-best run-blocking grade (77.9) among RTs (min. 350 snaps at RT in run blocking and pass blocking)

- ▶ Blocked for an OL that helped the team lead the NFL in rushing offense (159.7 avg.), rushing TDs (25) and explosive plays (163) ... The Eagles established single-season franchise records in rushing yards (2,715), rushing TDs (tied) and third-down percentage (45.7%)
- ▶ Hauled in a 5-yard TD pass from **Jalen Hurts** during the fourth quarter of the 34-10 victory vs. NYG (12/26/21) ... Became the first Eagles OL to register a TD reception since **Todd Herremans** caught a 2-yard pass from **Michael Vick** on 12/12/10 at Dallas

#### 2020 SEASON - EAGLES

- ▶ Posted the highest *PFF* pass-blocking grade (83.1) among players with at least 250 pass-blocking snaps at RT ... Allowed only 1 sack

#### 2019 SEASON - EAGLES

- ▶ Recorded the 2nd-best *PFF* offensive grade (88.7) among NFL OTs, behind **Ryan Ramczyk** (90.8) (min. 700 snaps) ... Ranked 1st among OTs with a 92.6 run-blocking grade (min. 300 run-blocking snaps) ... Also gave up just 1 sack in 450 pass-blocking opportunities

#### 2018 SEASON - EAGLES

- ▶ Ranked 4th among NFL RTs with an 81.0 *PFF* offensive grade (min. 700 snaps) ... Also tallied the 3rd-highest run-blocking grade (79.7) among his position group (min. 300 run-blocking snaps at RT)

#### 2017 SEASON - EAGLES

- ▶ Blocked for one of the most dominant OLs in the league during Philadelphia's **Super Bowl LII**-winning season ... Helped the Eagles lead the NFL in red zone offense (65.5%) and rank 3rd in both rushing offense (132.2 ypg) and offensive points per game (26.3)

#### 2016 SEASON - EAGLES

- ▶ Saw action in 407 snaps over six starts at RT ... Allowed 1 sack

#### 2015 SEASON - EAGLES

- ▶ Appeared in a career-high 1,156 offensive snaps, starting all 16 games for the second time in his career (including two starts at LT)

#### 2014 SEASON - EAGLES

- ▶ Produced the top *PFF* offensive grade (83.7) among NFL RTs (min. 700 snaps) ... Ranked 2nd among RTs with a 0.6% knockdown percentage (1 sack and 2 QB hits allowed in 515 opportunities), trailing only **Rick Wagner** (0.5%) (min. 400 pass-blocking snaps at RT) ... Also registered the 2nd-highest run-blocking grade (86.8) among RTs, behind **Derek Newton** (87.0) (min. 300 run-blocking snaps at RT)
- ▶ Helped an offense that ranked 3rd in scoring (29.6 ppg), 5th in total yards (396.8 ypg), 6th in passing (272.3 ypg) and 9th in rushing (124.5 ypg), while setting team records in points (474) and TDs (54)

#### 2013 SEASON - EAGLES

- ▶ Started all 16 games as a rookie and paved the way for the NFL's leading rusher – **LeSean McCoy** (1,607 yards) ... A member of the league's No. 2 offense (417.3 ypg), which also ranked 1st in rushing (160.4 ypg) and 4th in scoring (27.6 ppg) ... Became the first Eagles rookie OT to start in a season opener since **John Welbourn** in 1999

#### COLLEGE HIGHLIGHTS

- ▶ As a senior in 2012, started 11 games at LT and garnered third-team All-America honors from *CBSSports.com* and second-team All-Big 12 recognition from the league's coaches ... Anchored a Sooners offense that ranked 12th in the nation with 497.9 yards per game ... Posted 123 knockdowns and led the Big 12 with 19 TD-resulting blocks



- ▶ Started 12 games at RT as a junior in 2011, as Oklahoma ranked 10th nationally in scoring (39.5 ppg), 5th in total offense (512.3 ypg), 5th in passing offense (349.4 ypg) and 7th in fewest sacks allowed (11)
- ▶ Appeared in nine games as a reserve QB at Kilgore College in 2008 ... Completed 32-of-61 (52.5%) attempts for 510 yards, 3 TDs and 7 INTs, while adding 24 yards and 1 TD on 17 rushing attempts

#### PERSONAL

- ▶ Attended Groveton (TX) High School, where he played QB and safety and was an all-region and all-state selection ... Also competed in baseball, basketball and track and field ... Placed 4th in the shot put at the state's track championships ... His graduating class had 35 students
- ▶ Majored in human relations during his time at Oklahoma

#### TRANSACTIONS

- ▶ **2013** - Drafted by PHI in 1st round (4th overall) ... **7/23/14** - Placed on Reserve/Suspended ... **9/29/14** - Activated from Reserve/Suspended ... **1/29/16** - Signed by PHI to 6-year contract through 2021 ... **10/11/16** - Placed on Reserve/Suspended ... **12/20/16** - Activated from Reserve/Suspended ... **11/29/19** - Signed by PHI to 4-year contract extension ... **7/29/20** - Placed on Reserve/COVID-19 ... **8/11/20** - Activated from Reserve/COVID-19 ... **12/2/20** - Placed on Reserve/Injured