



LANE JOHNSON

TACKLE | 65



Height: 6-6 Weight: 325 DOB: May 8, 1990 (Age 36)
 NFL Experience: 14th Year (14th with Eagles) Draft: D1-13 (4th overall) by PHI
 College: Oklahoma Hometown (HS): Groveton, TX (Groveton)

SUPER BOWL CHAMPION: 2017 (LII), 2024 (LIX) **ALL-PRO:** 2017, 2021, 2022, 2023, 2024 **PRO BOWL:** 2017, 2018, 2019, 2022, 2023, 2024

CAREER STATISTICS

Year	Team	GP/S	STARTS		OFF SNAPS	
			LT	RT	No	Pct
2013	Philadelphia	16/16	0	16	1,102	100%
2014	Philadelphia	12/12	0	12	889	76%
2015	Philadelphia	16/16	2	14	1,156	100%
2016	Philadelphia	6/6	0	6	407	36%
2017	Philadelphia	15/15	0	15	964	85%
2018	Philadelphia	15/15	0	15	962	88%
2019	Philadelphia	12/12	0	12	773	65%
2020	Philadelphia	7/7	0	7	404	36%
2021	Philadelphia	13/13	0	13	821	73%
2022	Philadelphia	15/15	0	15	974	83%
2023	Philadelphia	16/16	0	16	981	86%
2024	Philadelphia	15/15	0	15	937	81%
2025	Philadelphia	10/10	0	10	450	43%
Totals		168/168	2	166	---	---

PLAYOFFS

2013	Philadelphia	1/1	0	1	58	100%
2017	Philadelphia	3/3	0	3	207	100%
2018	Philadelphia	2/2	0	2	119	100%
2019	Philadelphia	0/0	0	0	0	0%
2021	Philadelphia	1/1	0	1	43	65%
2022	Philadelphia	3/3	0	3	202	92%
2023	Philadelphia	1/1	0	1	57	97%
2024	Philadelphia	4/4	0	4	253	94%
2025	Philadelphia	0/0	0	0	0	0%
Totals		15/15	0	15	---	---

ADDITIONAL STATISTICS

Receiving TDs: 1 - 2021 (1)



BIRDSEED

- ▶ Nominated by the Eagles as their Walter Payton NFL Man of the Year candidate in 2023 ... The award is considered the league's most prestigious honor and recognizes players who have exhibited excellence on the field as well as a passion to impact the lives of others in their community ... Advocates for mental health awareness while raising money for numerous charities ... Has represented the Travis Manion Foundation, Waterboys, Merging Vets & Players, and Feherty's Troops First Foundation through the NFL's *My Cause My Cleats* initiative
- ▶ Opened up about his struggles with anxiety and depression in 2021 ... Is a contributing writer for the Philadelphia Citizen with a column titled *Lane Johnson's Season of Strong Mental Health* ... Aimed to help further the conversation about mental health with professional athletes ... Diagnosed with an anxiety disorder in 2008
- ▶ Recorded three holiday albums – *A Philly Special Christmas* (2022), *A Philly Special Christmas Special* (2023), and *A Philly Special Christmas Party* (2024) – with **Jason Kelce** and **Jordan Mailata** to raise millions of dollars for local charities ... In 2024, Operation Snowball provided gifts to every student in the Philadelphia public school system ... The success of the hit projects even led to *Billboard* 200 music rankings
- ▶ Co-created the OL Masterminds Summit with his friend and OL guru Duke Manyweather in 2018 ... The annual meeting brings together OL from the NFL and college to discuss the technical and mental aspects of their craft, invest in each other and advance OL appreciation
- ▶ Converted a horse barn on his property into a world-class home gym that is famously known as the "Bro Barn" ... Hosts groups of Eagles and other NFL players for competitive workouts in the offseason
- ▶ Began his collegiate career at Kilgore College (TX), where he served as the Rangers' QB playing at a 202-pound weight ... After transferring to Oklahoma as a TE in 2009, he redshirted for one year before playing TE and DE in 2010 ... Later settled in as a RT in 2011 prior to moving to the left side of the OL as a senior during the 2012 campaign

CAREER HIGHLIGHTS

- ▶ A six-time **Pro Bowl** selection (2017, '18, '19, '22, '23, '24), five-time *Associated Press All-Pro* honoree (2017, '21, '22, '23, '24), three-time NFC Champion (2017, '22, '24) and two-time Super Bowl Champion (**Super Bowl LII** and **Super Bowl LIX**) ... One of just three players in franchise history to win multiple Super Bowls with the team (only Eagles OL)
- ▶ Is one of only two Eagles OTs to earn five AP All-Pro accolades, along with **Bob Brown** (five, 1964-68) ... Also selected to the 2nd-most Pro Bowls by an OT in franchise history, behind **Jason Peters** (seven)
- ▶ Joined **Jason Peters** (2013-16) and **Frank "Bucko" Kilroy** (1953-55) as the only Eagles OTs to register three consecutive Pro Bowl appearances, having accomplished the feat twice (2017-19 and 2022-24)
- ▶ Anchored the **Super Bowl LIX**-winning OL that helped pave the way for **Saquon Barkley** (2,005) to become the ninth member of the league's 2,000+ yard rushing club in 2024 ... Barkley set an NFL record rushing for 2,504 yards in the regular season and playoffs ... Philadelphia finished with the most combined rushing yards (3,866) in NFL history



First job: Grave digger in high school ... **Biggest pet peeve:** Drivers that take a long time to make a turn ... **Hobbies:** Hunting and fishing ... **Favorite teams/athletes growing up:** Houston Rockets, Green Bay Packers and Brett Favre ... **If he could play another sport, what position/team:** Small forward, Houston Rockets ... **Favorite movie:** *Forrest Gump* ... **Favorite TV show:** *Impractical Jokers* ... **Three favorite throwback jerseys:** Hakeem Olajuwon, Rockets; Michael Vick, Falcons; Bo Jackson, Raiders



- ▶ Has blocked for two NFL rushing champions, opening lanes for **LeSean McCoy** in 2013 (1,607) and **Saquon Barkley** in 2024 (2,005)

NOTES TO KNOW

- ▶ Owns the highest *PFF* pass-blocking grade (85.7) among NFL RTs since 2023 ... Is also 1st among RTs in knockdown percentage (0.5%) and 2nd in pressure percentage (4.1%) (min. 1,000 pass-blocking snaps)

2025 SEASON - EAGLES

- ▶ Appeared in 10 contests (10 starts), appearing in 450 offensive snaps and helped pave the way for **Saquon Barkley** to eclipse the 1,000 rushing yard mark for the second consecutive season

COLLEGE HIGHLIGHTS

- ▶ As a senior in 2012, started 11 games at LT and garnered third-team All-America honors from CBSSports.com and second-team All-Big 12 recognition from the league's coaches ... Anchored a Sooners offense that ranked 12th in the nation with 497.9 yards per game ... Posted 123 knockdowns and led the Big 12 with 19 TD-resulting blocks
- ▶ Started 12 games at RT as a junior in 2011, as Oklahoma ranked 10th nationally in scoring (39.5 ppg), 5th in total offense (512.3 ypg), 5th in passing offense (349.4 ypg) and 7th in fewest sacks allowed (11)
- ▶ Appeared in nine games as a reserve QB at Kilgore College in 2008 ... Completed 32-of-61 (52.5%) attempts for 510 yards, 3 TDs and 7 INTs, while adding 24 yards and 1 TD on 17 rushing attempts

TRANSACTIONS

- ▶ **2013** - Drafted by PHI in 1st round (4th overall) ... **7/23/14** - Placed on Reserve/Suspended ... **9/29/14** - Activated from Reserve/Suspended ... **1/29/16** - Signed by PHI to 6-year contract extension ... **10/11/16** - Placed on Reserve/Suspended ... **12/20/16** - Activated from Reserve/Suspended ... **11/29/19** - Signed by PHI to 4-year contract extension ... **7/29/20** - Placed on Reserve/COVID-19 ... **8/11/20** - Activated from Reserve/COVID-19 ... **12/2/20** - Placed on Reserve/Injured (ankle) ... **3/24/23** - Signed by PHI to new contract ... **3/17/25** - Agreed to terms with PHI on 1-year extension