



BEN WAGNER
ASSOCIATE HEAD STRENGTH & CONDITIONING COACH



NFL Experience: 14th Year (14th with Eagles)
 College: Nebraska, California University of Pennsylvania Hometown: Gretna, NE

SUPER BOWL CHAMPION: 2017 (LII), 2024 (LIX)

Ben Wagner enters his 14th overall season as a member of the Philadelphia Eagles’ strength and conditioning staff. During the 2024 offseason, he was promoted to associate head strength and conditioning coach.

In 2024, Wagner contributed to the team’s overall health and performance, allowing Philadelphia to have 21 of its 22 Week One starters available to play in **Super Bowl LIX**.

Wagner, who helps with the implementation of the team’s strength and conditioning program, previously served as an assistant strength and conditioning coach from 2016-23. He originally joined the Eagles as a strength and conditioning intern during the 2013 season.

Wagner studied nutrition, exercise and health science as well as dietetics at the University of Nebraska (2007-12), where he served as a strength and conditioning/nutrition intern working with Nebraska’s football and men’s basketball programs. In addition, Wagner earned his master’s degree in performance enhancement and injury prevention from California University of Pennsylvania (2014-15).

Wagner and his wife, Susan, reside in Cherry Hill, NJ. The couple has two sons, James and John.

CAREER TIMELINE		
Years	Team	Position
2024-	Philadelphia Eagles	Assoc. Head Strength & Conditioning
2016-23	Philadelphia Eagles	Assistant Strength & Conditioning
2013-15	Philadelphia Eagles	Strength & Conditioning Intern
2008-12	Nebraska	Strength & Conditioning/Nutrition Intern